

Lifestyle Product Portfolio

Lifestyle Refreshing Syrups





Lifestyle Sharbat Badam

Available in 430 ml & 800 ml PET bottle

#PRIDEOFASIA
#TASTEOFPAKISTAN



Lifestyle Shan E Mashriq

Available in 430 ml & 800 ml PET bottle



Lifestyle Sharbat Sandal

Available in 430 ml & 800 ml PET bottle

drizzle the
delight



Lifestyle Sharbat Ice Cream

Available in 430 ml & 800 ml PET bottle

Sip
the
COOL

Chill your summer with Lifestyle
Sharbat Imli Aloo Bukhara – a
refreshing burst of tamarind
and plum that cools the body
and uplifts the soul



Lifestyle Sharbat Imli Aloo Bukhara

Available in 430 ml & 800 ml PET bottle



Lifestyle Sharbat Falsa

Available in 430 ml & 800 ml PET bottle



Lifestyle Sharbat Anar

Available in 430 ml & 800 ml PET bottle



Lifestyle

Sharbat ilaichi

Available in 430 ml & 800 ml PET bottle



Lifestyle Sharbat Bazuri

Available in 430 ml & 800 ml PET bottle

LIFESTYLE SYRUP
BAZURI RAKHE
apko fresh aur fit



Lifestyle Sharbat Sardai

Available in 430 ml & 800 ml PET bottle

ORGANIC *Teas*





Lifestyle Green Tea

Available in 125g PET Jar



Lifestyle Green Tea Lemon

Available in 125g PET Jar



Lifestyle Green Tea Cardamom

Available in 125g PET Jar



Lifestyle Green Tea Mint

Available in 125g PET Jar



Lifestyle Lemon Grass Tea

Available in 125g PET Jar



Lifestyle Kashmiri Tea

Available in 200g PET Jar

Lifestyle Honey





Lifestyle Premium Honey Range

Available in 250g & 500g Glass Jar

- Lifestyle Gold Honey
- Lifestyle Sider Honey
- Lifestyle Kalonji Honey

Lifestyle Gold Honey

Available in 250g & 500g Glass Jar

PAKISTAN'S FIRST

SIDER HONEY WITH SHILAJIT, ASHWAGANDHA & GINSENG" BEST FOR STRENGTH VITALITY & OVERALL WELL BEING.



NATURE'S BEST SELECTED
HONEY

slirt lifestyle
100%
NATURAL



1 KG



500g



250g



300g

Lifestyle Super Food Range



Hydrating energy
boosters



Heart-healthy
omega



Nutrient-dense
superfood



Stress-relieving
adaptogen power





CHHOTAY SAY BEEJ MAI BARI SI TAAQAT —

LIFESTYLE BASIL SEEDS DEIN COOLING, FIBRE AUR HYDRATION KA PERFECT MIX!



Lifestyle Basil Seeds

Available in 250g PET Jar



Lifestyle Flax Seeds

Available in 250g PET Jar

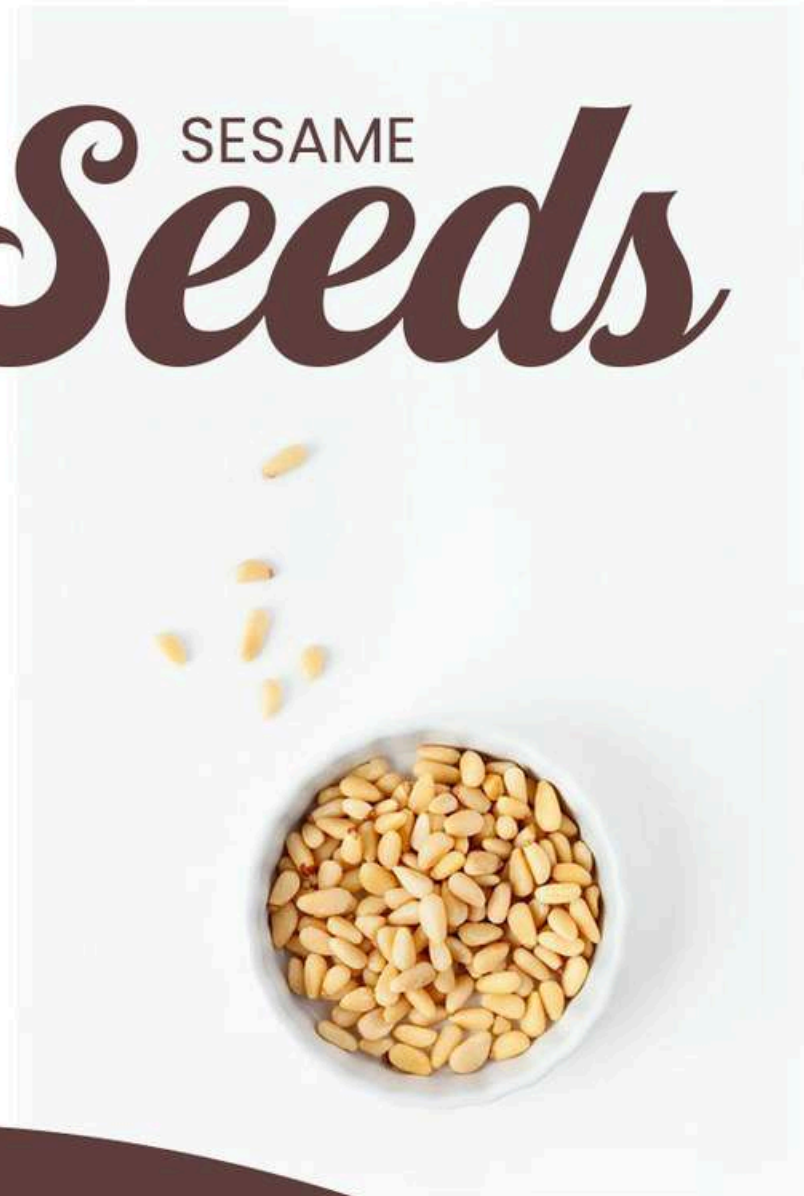


Lifestyle Chia Seeds

Available in 250g PET Jar



SESAME *Seeds*



Lifestyle Sesame Seeds

Available in 250g PET Jar

- Packed with Calcium –
Strengthens bones and teeth.

- Good for Skin & Hair –
Rich in zinc, vitamin E, and healthy fats.

- Supports Hormonal Balance –
Contains lignans that may help regulate hormones.



PUMPKIN
Seeds



Lifestyle Pumpkin Seeds

Available in 250g PET Jar

- Rich in Magnesium – Supports heart health and bone strength.
- High in Antioxidants – Helps reduce inflammation and boost immunity.
- Great Source of Protein & Healthy Fats – Keeps you energized and full longer.



ASHWAGANDHA POWDER



STRESS



Lifestyle Ashwaganda Powder

Available in 180g PET Jar



Lifestyle Moringa Powder

Available in 180g PET Jar

Lifestyle Crunchy Granola

A wholesome blend of premium oats, nuts, and seeds lightly sweetened with honey and baked to golden perfection. Every bite is crisp, nutritious, and delicious. Perfect for breakfast bowls, snacks, or a healthy on-the-go treat.



**Available in 150g Box
(5 Servings Per Box)**

Lifestyle

Healthy Breakfast



**Crunchy Granola
Chocolate Walnut**

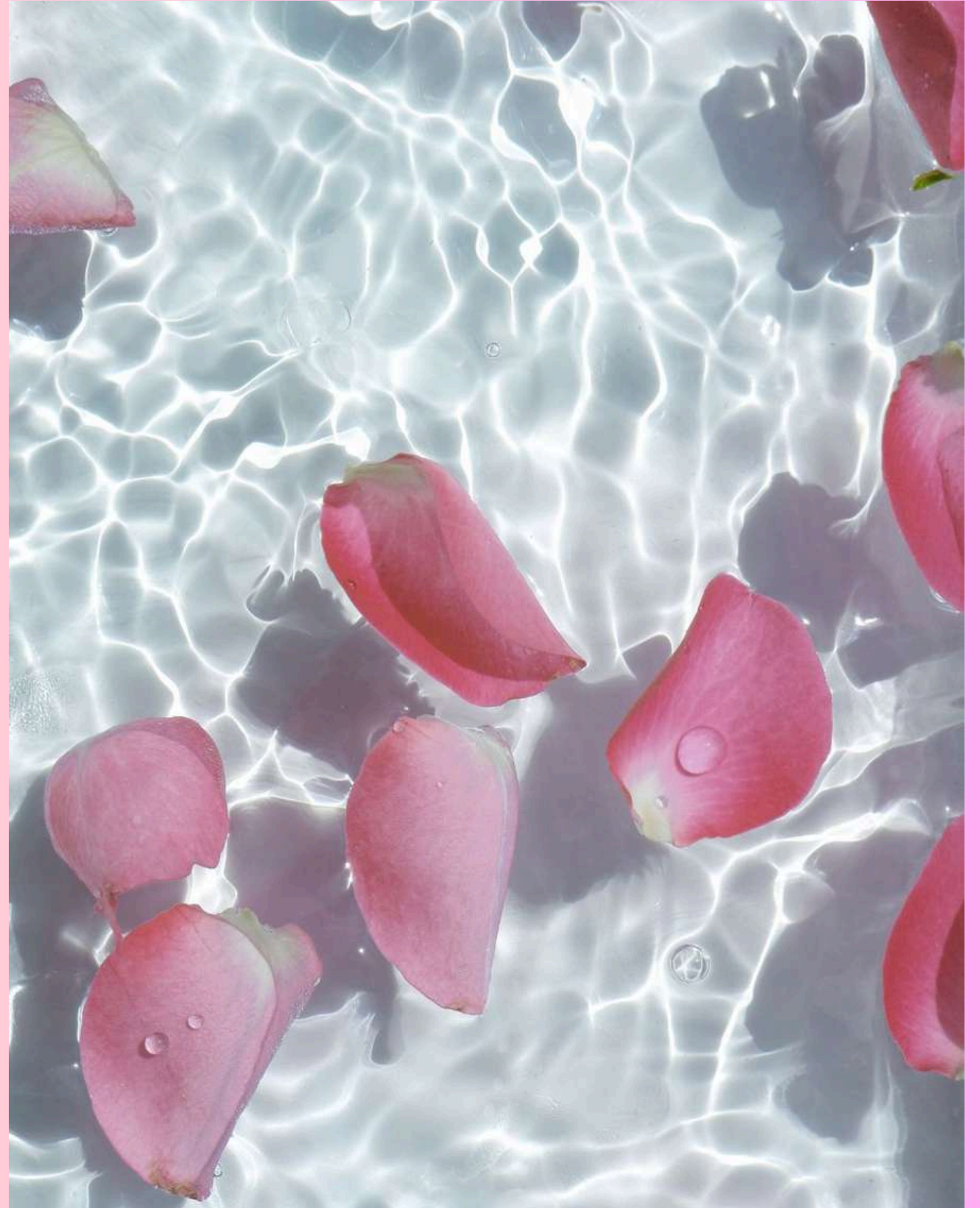


**Crunchy Granola
Almond Chia**



**Crunchy Granola
Cranberry Rasin**

Lifestyle Rose Water





Lifestyle Rose Water

Available in
800mL PET Bottle
120 ml Spray Bottle

Lifestyle Ispaghul

See it, trust it **then use it**”

First-ever
transparent
packaging



Pakistan's
first crystal
clear Ispaghul

Imported quality
in a transparent
jar

Choose Lifestyle Ispaghul
for a **Healthier** You!

**IMPORTED ISPAGHOL
SIRF LIFESTYLE**

FIBER KA BEHTAREEN SOURCE,
**HAR SIZE MEIN
DASTIYAB!**

150G



250G

80G



Lifestyle Ispaghool

Available in 80g, 150g & 250g Jar

Lifestyle Oils





Lifestyle Almond Oil

Available 100 ml

flaxseed oil
wellness inside, radiance outside.



Lifestyle Flax Seed Oil

Available 100 ml



Lifestyle Sesame Oil

Available 100 ml



Lifestyle Pumpkin Oil

Available 100 ml



Lifestyle Castor Oil

Available 100 ml



Lifestyle Black Seed Oil

Available 100 ml



Lifestyle Egg Yolk Oil

Available 100 ml



Lifestyle Clove Oil

Available 100 ml



Lifestyle Coconut Oil

Available 200 ml

Mustard Oil

keeps you
healthy & strong



Lifestyle Mustard Oil

Available 200 ml

Lifestyle Herbal Distillates



100% PURE
عرقیات

Lifestyle Herbal Distillates

800 ml PET Bottle

- Chu Arqa Water
- Saunf Water
- Mako Water
- Podina Water
- Gaozuban Water
- Ajwain Water
- Kasni Water



Lifestyle Herbal Distillates

250 ml PET Bottle with Box

- Chu Arqa Water
- Saunf Water
- Mako Water
- Podina Water
- Gaozuban Water
- Ajwain Water
- Kasni Water



Lifestyle Instant Joshanda





Lifestyle 4 Season Joshanda

Available in

- 30 Sachet Box
- 50 gJar



Lifestyle 4 Season Joshanda Chocolate

Available in

- 30 Sachet Box



Lifestyle Kewra Water

Available 200 ml PET Bottle

Get In Touch



+92 3081089474



anam@lifestyle.com.pk



<http://www.lifestyle.com.pk>



1.5 Km Defense Road, Ferozpur Road, Kahna Nau
Lahore, Pakistan

